CLAIMS:

What I claim as my invention is:

- 1. A device for indicating a medication dosage time, the device comprising:
- a. a medication container having a curved exterior side surface;
- b. a band member, the band being deformable, and defining a structural area for engagement;
- c. means for mounting said band member continuously around the curved exterior side surface of said container such that said mounted band may be rotated about said container;
- d. a band support member defining a structural area adapted to receive engagement therewith said band member;
- e. means for attaching said band support member to said medication container;
- f. co-operating indicia on the band member and the band support member for indicating a medication dosage time, whereby a patient can be greatly assisted in following a medication dosage regimen.
- 2. A device as in claim 1 wherein the co-operating indicia includes:
- a. an arrangement of times on said band support member; and
- b. a pointer on said band member, adapted to point to any one of said times.
- 3. A device as in claim 1 wherein the co-operating indicia includes:
- a. an arrangement of times on said band member; and
- b. a pointer on said band support member adapted to point to any one of said times.
- 4. A device as in claim 1 wherein the indicia may be inscribed.
- 5. A device as in claim 1 wherein the band support member is adhesively attached to said medication container.
- 6. A device as in claim 1 wherein the band member is adhesively formed into a continuous band.
- 7. A device as in claim 1 wherein the band member has gripping means to aid grasping said band for displacement.
- 8. A device as in claim 1 wherein the band support member has anti-displacement means for limiting displacement of said band member.
- 9. A device as in claim 5 wherein the medication container is substantially cylindrical.
- 10. A device as in claim 1 wherein the band support member is integrally combined with a prescription label.

- 11. A device as in claim 10 wherein said band support-prescription label is adhesively attached to said medication container.
- 12. A device as in claim 10 wherein said band support-prescription label may be mechanically separated into a band support and a prescription label.
- 13. A method for indicating a medication dosage time, comprising:
- a. providing a container of medicine, the container having a curved exterior surface;
- b. providing a band member, the band being deformable and defining a structural area for engagement;
- c. providing a band support member defining a structural area adapted to receive engagement therewith said band member, where said band and said band support include co-operating indicia for indicating a medication dosage time;
- d. attaching said band support member to said medication container;
- e. mounting said band member continuously around the curved exterior side surface of said container such that said mounted band may be rotated about said container;
- f. rotating said mounted band about said container until the co-operating indicia indicate a desired medication time.
- 14. A method as in claim 13 wherein the step of attaching includes attaching the band support member with adhesive.
- 15. A method as in claim 13 wherein the co-operating indicia includes:
- a. an arrangement of times on said band support member; and
- b. a pointer on said band member adapted to point to any one of said times.
- 16. A method as in claim 13 wherein the co-operating indicia includes:
- a. an arrangement of times on said band member; and
- b. a pointer on said band support member adapted to point to any one of said times.
- 17. A method as in claim 13 wherein said step of mounting is performed prior to said step of attaching.
- 18. A device for indicating a medication dosage time, the device comprising:
- a. a band member, the band being deformable and defining a structural area for engagement;
- b. a medication container, the container being substantially cylindrical and having an exterior side surface such that;
- 1. said side surface defines a structural area adapted to support thereby said band,

- 2. said side surface defines a structural area adapted to receive engagement therewith said band.
- c. means for mounting said band member continuously around the exterior side surface of said container such that said mounted band may be rotated about said container;
- d. co-operating indicia referencing positions on the medication container and the band for indicating a medication dosage time period, whereby a patient can be greatly assisted in following a medication dosage regimen.